Private Mental Health Assessment and Treatment Services

Thank you for your enquiry regarding booking a mental health assessment with IamPsychiatry. We are currently seeing clients face to face at our office in Luton.

Assessment fees

One-hour assessment in one month	**£400**
Urgent out-of-hours appointment in 7 working days, usually late evening	**£500**

All these appointments are subject to availability.

Before your appointment

Please complete and return the attached pre-assessment form. We cannot offer an appointment until you have returned the completed form.

We will also require a medical summary from your GP. Please ask them for a brief medical summary. This normally takes around one week.

Payment for the assessment must be made before the appointment.

After your appointment

You will be emailed a summary with treatment recommendations, which you can share with your GP if you wish.

A full comprehensive report costs £300. It includes diagnosis, full history, mental state examination, risk assessment and any medication recommendations.

Reports and letters take up to 6 weeks to complete.

Follow-up reviews

Review length	In one month	Urgent · in 7 working days
One hour	£300	**£500**
30 minutes	£150	**£250**
15 minutes	£75	**£125**

Follow-up reviews, if required, are carried out at our office in Luton.

Letters and prescriptions

Brief letter to a GP, employer or university	**£65**
Private standard prescription	**£40**
Private controlled drug prescription	**£50**

The prescription fee is for Dr Iqbal's service. The cost of the medication is separate.

Getting your prescription

We can give you a prescription on the day of your appointment. You can take it to any pharmacy, which will charge you for the medication.

Alternatively, Dr Iqbal uses Signature Pharmacy in London. We can send them your private prescription. They will contact you with the cost. You pay the pharmacy for the medication, and they will deliver the tablets to your home address.

If you have any questions

Please call me on my personal number, 07872920907, if you have any questions.

Pam Mohiuddin
Secretary to Dr Iqbal Mohiuddin (Director and Private Consultant Psychiatrist)
IamPsychiatry

> **In the event of a mental health emergency or crises, please call 999, NHS 111 or Samaritans 116 123.**

Call 0800 779 7800
Email Catherine at driqbal@iampsychiatry.com

Personal details

Thank you for completing and returning your pre-assessment form. This will help us to help you as best as possible.

How did you find us?

☐ Recommendation ☑ Google ☐ Bing ☐ AI ☐ Online directory ☐ Social media ☐ Poster ☐ Other

Title

○ Miss ○ Mrs ○ Ms ◉ Mr ○ Mx ○ Dr ○ Prof ○ Rev ○ Other

Full name	Date of birth	Age
Connor Mayne	20/06/1995	31

Weight (kg or stones)	Height (m or ft)	Pulse	Blood pressure
84	1.83m		

Home address

17 Watling Gardens, Dunstable, Bedforshire, LU6 3FD

Contact telephone number	Email address
+447496389507	Co.mayne@icloud.com

Gender identity

☑ M ☐ F ☐ Non-binary ☐ Transgender ☐ Intersex ☐ Other ☐ Prefer not to say

Sexual orientation

☑ Heterosexual ☐ Gay or Lesbian ☐ Bisexual ☐ Other ☐ Prefer not to say

Present marital or relationship status

Married

Number of children and respective ages. Are they living with you or someone else?

Yes, 3 and 1y/o

Current housing situation (homeless, renting, homeowner, flat, house)

Renting

GP name, practice address, and NHS email address

Riverside Surgery Gp, George St, High Wycombe HP11
2RZ - 01494 526500

Please kindly note that you will first need to give consent to assessment and treatment with IamPsychiatry. We reserve the right to refuse to see clients whom we believe would not benefit from assessment or treatment. We have a zero tolerance policy for any form of abuse. A signed treatment contract needs to be returned to us before your private consultation. Private consultation fees need to be paid in advance before your consultation. Thank you. Late attendance of greater than 15 minutes will be noted as non-attendance. Cancellations with less than 48 hours' notice or non-attendance will incur full payment of the fee for consultation with no refund.

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Personal and family history

What are your current problems and stresses? How long for? What's the history? Any triggers?

Drinking alcohol, compulsive spending, compulsive sex, pornography and smoking cigarettes. 10 years old I was diagnosed with adhd, my family would like to see if there is anything else wrong with me. I got kicked out of every school, I was in and out of jail.

Family history of physical or mental illness. How many siblings do you have?

1 older brother. And my dad is a bit mentally fragile.

Your place of birth. Any birth or early developmental problems? Relationship with your parents.

Central Middlesex hospital, Park Royal, London. No, I had a natural birth.

Age at puberty or menarche (first period). Your first relationship and longest relationship. Reason for break-ups. Any extramarital affairs? Any sexual difficulties? Any unusual sexual interests?

Don't recall my age at puberty. Been married for like 4 years.

Any past abuse, neglect, or trauma?

Growing up my house was a bit traumatic due to all the shouting and fighting between my older brother and parents, I use to hate it. Then I started drug dealing, got in fights that kinda stuff.

Any problems during childhood or adolescence or at school? Any qualifications?

Yes, no qualifications, misbehaved through out my childhood at school.

Past and present employment

I worked at cheese factory, restaurant, AO company, Al Murad tiles, Robert Dyas, City plumbing and now I'm self-employed.

Have you used alcohol, cigarettes, or any other substances? If so, how much and for how long? Any current use? Have you ever had a fit or seizure?

Yes, on and off since I was like 12 and no.

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Health and wellbeing

Have you ever been in trouble with the police, charged, convicted or been to prison? Any pending court case(s)?

Yes. Nothing pending.

Past and present physical health problems, and any past physical health hospital admissions.

Just adhd

Past and present mental health problems, and any past mental health hospital admissions. Have you ever seen a psychiatrist (Dr), psychologist or counsellor before? If so, when, where and why?

ADHD. No

Past and present prescribed medications or treatment, and any allergies.

Sertraline, atomextine, Ritalin

How is your mood? How much would you rate it out of 10 (10 being the best)?

From some aspects I feel great, but from another angle it feels very unstable.

How are your sleep and appetite?

Poor

Do you feel hopeful about your future?

50/50

What are your hobbies or interests, now and in the past?

Making perfume, bathroom design, Islamic studies,

Worries, fears or obsessions. If so, for how long?

Dying in a bad way.

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Symptoms, goals and consent

Any unusual experiences, e.g. hallucinations, paranoia or delusional beliefs. If so, for how long?

Nope

Problems with your focus, attention, concentration, or memory. If so, for how long?

Yes. All my life

Previous or current thoughts, plans, or acts of self-harm, harming others, taking your life or someone else's. If so, for how long?

Nope

What are your specific and realistic goals for assessment and treatment?

Just to see if I have any of other issues apart from adhd, so I can search for a solution.

Do you consent to the following?

Sharing relevant information with your GP, e.g. medication recommendations?	(●) Yes	( ) No
IamPsychiatry securely keeping your personal information temporarily to assist your recovery?	(●) Yes	( ) No

I confirm that the above information I have provided to IamPsychiatry is accurate and truthful to the best of my knowledge. I agree to follow IamPsychiatry's terms and conditions of assessment and treatment. Otherwise, I accept that IamPsychiatry may discharge me immediately.

Please sign and date below.

Signed

Date

16/11/26

Please email your completed form to driqbal@iampsychiatry.com. A recent GP medical summary would also be helpful for further information.

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